

COVID-19 Testing

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If you have symptoms consistent with Covid or have been in close contact with a person who has tested positive for COVID:

Testing appointments are available Monday-Friday by APPOINTMENT ONLY. Please call 503-325-8500 to schedule an appointment.

Testing is NOT available for travel, events or pre-surgery.

PLEASE NOTE: If you have any of the following symptoms, you should seek care at a hospital emergency room rather than wait for a testing appointment:

- Feel short of breath when trying to speak in full sentences or do simple activities
- Coughing up blood
- Blue lips/blue face
- Severe and constant pain or pressure in the chest
- Feeling dizzy, light headed, too weak to stand
- Slurring speech
- Seizures
- Feel urgent need to seek care

Expandable Section

To test? Or not to test?

WHEN TO GET A COVID-19 TEST

You've had a known COVID-19 exposure but don't have any symptoms. What's next?

If you were fully vaccinated with Pfizer or Moderna or had their booster within the last 5 months OR you received the initial J&J dose within the past 2 months:



Testing is recommended at day 5.



Wear a mask around others for 10 days. No quarantine needed.

If you were fully vaccinated with Pfizer or Moderna more than 5 months ago or have not had their booster within the last 5 months OR you received the initial J&J dose more than 2 months ago:



Quarantine at home for 5 days.



Testing is recommended at day 5.



Continue to wear a mask for another 5 days.



Regardless of vaccination status, if you test positive:



Isolate at home for 5 days. You must be fever-free for 24 hours without medication before leaving your home.



If symptoms are resolved or improving, continue to wear a mask for another 5 days.



Supporting Documents

Testing Questionnaire - English 153.48 KB

Testing Questionnaire - Spanish 165.53 KB

