

# Food, Water & Shelter

Taking shelter is critical in times of disaster. Sheltering is appropriate when conditions require that you seek protection in your home, place of employment or other location where you are when disaster strikes. Sheltering outside the hazard area would include staying with friends and relatives, seeking commercial lodging or staying in a mass care facility operated by disaster relief groups in conjunction with local authorities.



To effectively shelter, you must first consider the hazard and then choose a place in your home or other building that is safe for that hazard. For example, for a tornado, a room should be selected that is in a basement or an interior room on the lowest level away from corners, windows, doors and outside walls.

[Mass Shelters](#)

[Water and Food Preparedness](#)

[Managing Food Supplies](#)

[Managing without Power](#)