

Mentors Needed

The CADC Mentoring Program is always looking for more individuals who have a desire to make a difference in their community through mentorship.

If you would like to take on this challenge or if you know someone who would make a good mentor, please let us know by calling or contacting us by email or in writing at the address on the back of this publication.

Remember to take the time and be the difference in someone's life today!!



To be a Mentor contact
Laura Parker
at

CADC Mentoring Program
C/O Clatsop County Juvenile Dept.
800 Exchange, 2nd floor
PO Box 302
Astoria, OR 97103
Phone: 503-325-8601
Fax: 503-338-3648
Email: lparker@co.clatsop.or.us

To be a Mentor contact
Laura Parker
at

CADC Mentoring Program

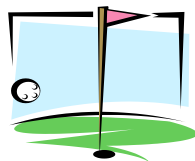
"Take the
time, be the
difference!"

Program Information



About CADY Mentoring

A good Caddy shares experiences and knowledge about a golf course with the golfer, giving advice about the best club to use for a particular shot and providing guidance through the rough and around the sand and water traps.



Similarly, a good 'CADY' adult mentor uses experience and knowledge to guide a child through the sometimes rough course of life. CADY (Caring Adults Developing Youth) is a mentoring program coordinated by the Clatsop County Juvenile Department.

The adult mentor shares his or her life experiences, supports goals, and encourages the child to reach his or her dreams and full potential. The mentor and youth meet once a week to establish a relationship that focuses on developing the youth's character, capabilities, and potential through enjoyable activities.



What is Mentoring

A mentor is an adult who, along with parents, provides young people with support, counsel, friendship, reinforcement and a constructive example. Mentors are good listeners, people who care, people who want to help young people bring out personal strengths. A mentoring relationship can take many forms. In the best relationships, the adult helps the youth define and achieve his/her goals.

A mentor might help a mentee:



- Plan a project
- Set some career goals and start taking steps to make them happen
- Learn more about the community and how to help others through volunteering
- Strengthen communication skills and ability to relate well to all kinds of people
- Make healthy choices about day-to-day life, from food to exercise and beyond



The Impact of Mentoring!

- 46% less likely to begin using illegal drugs
- 27% less likely to begin using alcohol
- 52% less likely to skip school
- 37% less likely to skip a class
- More confident of their performance in schoolwork
- One-third less likely to hit someone
- More likely to get along with their families



**To be a Mentor contact
Laura Parker
at**

**CADY Mentoring Program
C/O Clatsop County Juvenile Dept.
800 Exchange, 2nd floor
PO Box 302
Astoria, OR 97103**

**Phone: 503-325-8601
Fax: 503-338-3648
Email: lparker@co.clatsop.or.us**